



San Antonio Northeast Rotary Club
Chartered May 19, 1987 - District 5840 - Club #24625
www.sanortheastrotary.com

UNITE FOR GOOD



the Nor'easter



Find us on Facebook
Rotary Club of San Antonio Northeast



March 10, 2026

Salsalito Cantina Mexican Restaurant
14535 Nacogdoches Road, San Antonio, TX 78247
Social at 5:30 p.m. - Meeting from 6:00 p.m. - 7:00 p.m.



Rotary's Four Way Test of the things we think, say or do:

1.) Is it the TRUTH? 2.) Is it FAIR to all concerned? 3.) Will it build GOODWILL and BETTER FRIENDSHIPS? 4.) Will it be BENEFICIAL to all concerned?

Our speaker this evening is Paul Rezaei. Paul works full-time as a personal trainer, both virtually and from his garage gym. Since 2007, he has worked with diverse client populations, earning several advanced certifications along the way such as Corrective Exercise Specialist and Performance Enhancement Specialist.



He is a member of the Mayor's Fitness Council and the founder of Work Out Help Out. He loves to be around people, so he participates in group activities often. Faith in God is paramount in his life, guiding his approach to fitness and community involvement.

Thanks go out to Cathy Criado for arranging for Paul to speak with us this evening. Thank you, Cathy.

UPCOMING PROGRAMS

- March 17th** President-Elect Dan Hernandez
Recap of Lone Star PETS
- March 24th** Mari Tamez
Bexar Heritage Center
- March 31st** Mark Kunetz
Texas LEGO User Group - San Antonio
- April 7th** Carlos Martinez
Texas Cavalier River Parade

Birthdays & Anniversaries

We do not have any birthdays or anniversaries to report this week.



At the start of tonight our Happy Bucks pot is up to \$239. That means if your ticket is drawn tonight and you pull the Joker out of the deck, you will leave with at least \$119.50.

WANTED

"LET'S GO WESTERN NIGHT"

Hosted by
The Greater Randolph Area Services Program, Inc.
GRASP COMMUNITY CENTER
250 Donalan Drive
Converse, Texas 78109

SPONSORED AND PRESENTED BY:
Randolph Metrocom Rotary Club
Northeast San Antonio Rotary Club

Thursday April 16, 2026
6p.m. to 9:00p.m.

Dinner catered by Bluebonnet Palace
Dinner, Dancing & Prizes
Music by Carlos Barrera

(Western Attire Preferred)
RSVP 210-658-6351

\$15 per plate



DG Craig Hardy's March Message

March is Rotary's month to focus on Water, Sanitation, and Hygiene — one of the most transformative ways we serve the world. Clean water is more than a basic necessity. It is the foundation of health, education, economic stability, and human dignity. When a community gains reliable access to safe water, children spend more time in school instead of walking miles to collect it.



Families suffer fewer preventable diseases. Parents are able to work and provide. Hope begins to grow. But water also does something even deeper — it builds peace.

In many parts of the world, scarce or contaminated water fuels tension, displacement, and even conflict. Competition over limited resources can divide communities. Yet when sustainable water systems are installed and managed locally, they reduce stress, promote cooperation, and create shared responsibility. Access to safe water fosters stability. Stability creates opportunity. And opportunity strengthens peace.

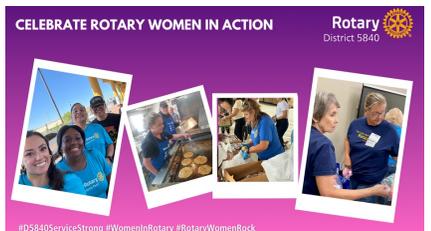
Sanitation and hygiene play a critical role as well. Preventing disease through proper sanitation and simple hygiene practices reduces suffering and builds stronger, more resilient communities. Healthy communities are better able to thrive, collaborate, and live in harmony.

This year, Rotary calls us to Unite for Good. Water projects exemplify that call. They require partnerships across clubs, districts, nations, and cultures. They require trust. And when we work side by side with communities to create sustainable solutions, we are not just installing wells or building latrines — we are building relationships.

As we reflect on this month's theme, let us remember: Every drop of clean water delivered is a step toward health. Every sanitation system installed is a step toward dignity. And every project completed together is a step toward lasting peace.

That is how we **Unite for Good**.

March is a time to recognize and celebrate the strength, leadership, and impact of women around the world. This year, we're inviting Rotarian women across our District (and beyond!) to join us in a month-long celebration highlighting the incredible women who serve and lead in Rotary.



Rather than limiting the celebration to March 8, we are turning International Women's Day into a movement that lasts the entire month.

How to Participate
We've made it simple and fun!

Wear your favorite Rotary shirt.

Take a photo that reflects your passion for service.

Snap a photo (Use the [WOMEN IN ACTION Canva Template Design](#)) and share it on your social media, with the hashtags #D5840ServiceStrong #RotaryWomenRock #WomenInRotary

Share it with the District (pblankenzee@rotary5840.org) so we too can promote District 5840 Women in Rotary!

Let's fill social media throughout March with proud Rotarian women united in service. Together, we will showcase the strength and influence of women in Rotary — not just for a day, but all month long.



Sylvia Whitlock Leadership Award

The Sylvia Whitlock Leadership Award honors one Rotary member each year who has actively worked to advance women in Rotary. It is named for the first female Rotary club president, who went on to lead change for women around the world through Rotary.

A group of Rotarians established the award in 2017. The Rotary International Board of Directors decided in 2021 to make it an official RI award to support the goal of increasing the number of women in Rotary, particularly in leadership positions. There was not a recipient for this award in 2021-22.

Nominations are open from August 1st to August 31st each year. Rotarians and Rotaractors can nominate any member in good standing, regardless of their gender or length of Rotary membership.

2025-26 Sylvia Whitlock Leadership Award Recipient: Mayan Raslan, Egypt



Mayan Raslan is a Rotary trailblazer and advocate for women's empowerment. A member of the Rotary Club of Cairo Royal, she made history as Egypt's first female district governor. With more than 40 years of experience in development and vocational training, she established the district's first women's empowerment committee, expanded leadership opportunities for women, and implemented districtwide strategies to increase female membership. She has also served as district Rotary Foundation chair, chair of the Egypt PolioPlus Committee, assistant Rotary public image coordinator, and Rotary public image coordinator for Zone 22. She's also a member of The Rotary Foundation Cadre of Technical Advisers.

Raslan is the president of the Egyptian Feminist Union and the chair of the Alliance for Arab Women. Through her work in these organizations, she taught hundreds of women about microloans, empowering them economically and socially. Raslan said "True success is collective. When you succeed, let others rise with you. Empower a woman, and you ignite a force that no obstacle can silence."

Raslan has led large-scale community development initiatives, including economic empowerment programs for women, employment fairs, literacy classes, medical convoys, clean water installations, and vocational training centers. One of her most enduring legacies is leading the construction of one school and the renovation of 20 others in her region. She was recognized with Rotary's Service Above Self Award and The Rotary Foundation Citation for Meritorious Service. Named as one of Egypt's Top 50 Influential Women by the Top 50 Women Forum, Raslan continues to leverage her expertise to advance women's roles in Rotary and create lasting change.

Review from last week

We were pleased to welcome FBI Supervisory Special Agent Stephanie Post as our speaker last week. She gave us a very informative and eye opening presentation on the violent online networks and exploitation that is unfortunately found in the world today. After the presentation, Debbie Degollado, who arranged for Special Agent Post to be with us, presented her a Speaker's Certificate of Appreciation and a copy of the Rotary magazine. Debbie was familiar with Special Agent Post's presentation because she gave a similar presentation to the YMCA where Debbie works. Special Agent Post said that she would welcome the opportunity to give her presentation to other Rotary clubs in the San Antonio area.





ROTARY DAY SA
RESCHEDULED TO MARCH 21ST
MARCH 21, 2026 9 AM - 12 PM
OLMOS CREEK BASIN, 651 DEVINE RD.
SAN ANTONIO, TX 78212



The Rotary Club of San Antonio is partnering with River Aid SA for the 31st Annual Basura Bash River and Waterway Clean Up on Saturday, March 7, 2026, from 9:00 a.m. to 12:00 noon.

Check-in: 8:30 a.m. – Cleanup starts at 9:00 a.m.!

Meeting Point and Parking: Olmos Basin Park Northside
Start Point: Olmos Creek at Olmos Basin Park
End Point: Olmos Creek upstream at Jones Maltsberger

For more information and to register, please go to the link below:
<https://www.rotarysa.org/events/rotary-day-sa-2026>

Attire: Long pants, closed toe shoes, (long sleeve shirt recommended). If you have work gloves, please bring them. Sunscreen and bug repellent is also encouraged. Water will be provided but please bring a Reuseable Water Bottle!

Join Us at the District 5840 Conference & Club Leader Training

Join us in New Braunfels for the Rotary District 5840 District Conference & Club Leader Training on May 1–2, and be sure to lock in early bird pricing before rates increase!

We kick off at the Brauntex Theatre with an inspiring keynote from JC (James) Clapsaddle, recipient of Rotary International's prestigious Service Above Self Award. In his presentation, "Rotary's Role in Worldwide Peace," JC will share firsthand insights from his experience in Rotary's humanitarian relief efforts and the global impact of our mission.

On May 2nd, we begin with a Peace Pole installation, followed by our District Awards celebration and Club Leader Training for Rotary Year 2026–27.

Raffles will be held throughout the event — two-day attendees receive one raffle ticket, first-time attendees receive two, with more available for purchase.

Don't miss this opportunity for inspiration, celebration, and leadership development.

Register at the link below now to secure early bird pricing while it lasts!

<https://rotary5840.org/events/2026-district-conference-club-leader-training/>

Lock In Early Bird Pricing until March 31st.



UNITE FOR PEACE
DISTRICT CONFERENCE & CLUB LEADERSHIP SEMINAR
NEW BRAUNFELS – MAY 1-2

Guest Speaker
JC CLAPSADDLE

Join us for two inspiring days of fellowship, celebration, and leadership!

- Hear Service Above Self Award recipient JC (James) Clapsaddle
- Peace Pole installation
- District Awards Celebration
- Club Leadership Seminar for 2026–27
- Raffles throughout the event

FRIDAY - BRAUNTEX THEATER
SATURDAY - COURTYARD BY MARRIOTT

2 DAY - \$125 EARLY BIRD UNTIL MARCH 31ST
\$150 APRIL 1-26
FIRST TIME ATTENDEE (2 DAY) \$100
FRIDAY ONLY - \$60
SATURDAY ONLY \$75



REGISTER

There will be a Rotary Leadership Institute (RLI) on Saturday, April 11th, 2026 from 8:30 a.m. to 4:30 p.m. at the Northwest Vista College, 3535 N Ellison Dr, San Antonio, TX 78251.

Classes will begin at 9 a.m. The institute is \$50 and is open to all Rotarians. [Click to Register.](#)

RLI is a very informative and fun day. You will enjoy a program that is well-planned and presented by district leaders. There is great inter-action amongst attendees and you will learn quite a bit about leadership qualities and the "nuts and bolts" of Rotary. This program will prove invaluable in preparing you or your fellow Rotarians for leadership positions within your club and district.

RLI seeks to provide quality education in Rotary knowledge and leadership skills to Rotarians interested in developing their Rotary participation and to those identified by Rotary Clubs as having a potential in club leadership. These educational opportunities will teach skills that will benefit the members in their lives and in their volunteer service.

For questions, contact Arden Riley, at arden.riley@gmail.com.



Take your leadership skills to the next level with RLI -
Rotary Leadership Institute